

Best Practice : 1

01. Title of the Practice.

Social, Economical and Hygienic survey of the village Madetukum.

02. Objective of the practice.

Social, economical and hygienic survey of the people of Madetukum. The village is selected by the N. S. S. department of the college for the survey, the following objectives have been framed.

1. To know the social status of village.
2. To know the economical status of the village.
3. To know the hygienic condition of the area.
4. To know the status of social equality of the village.
5. To convey various welfare schemes of govt.

03. The Context :

In the village Madetukum , the survey is done by the department of Sociology. The students of Sociology with the help of H.O.D. of the Dept. prepare the questionnaire based on the social status, economical status and hygienic condition of the area. Through this survey, they try to find out the real condition of the villagers of Madetukum. The questionnaires are filled by the villagers and try to find out their status regarding the above issues.

04. The Practice :

Sociology Department made the survey in the village Madetukum on social, economical and hygienic ground. For this survey total 85 villagers have been participated as the sample of the villagers. During the period of NSS special camp period from 06/02/2019 to 11/02/2019 the survey is conducted. For this survey various types of questions are framed, 5 questions are based on social issues, 6 questions are based on economical issues and 8 questions are on hygiene of the people of the village Madetukum.

The survey shows, on the basis of questionnaire, 39 families were economically developed and 46 families were developed. 40 families were socially developed and 8 families faced hygienic problems.

Through this survey, the social, economical and hygienic issues of the villagers were assessed by the college students and our students try to understand the problems of the villagers and acquainted it. In this small survey, we make small efforts to know the social, economical and hygienic issues of the villagers of Madetukum.

05. Evidence of Success :

This practice is done in the academic session 2018-2019 by the students of Sociology Department in the village Madetukum. All the related documents of this survey are kept ready and submitted to the Grampanchayat Madetukum.

06. Problems Encountered and Resources Required.

Before conducting this survey and during conducting the survey the we face various problems, such as the reluctance of the people, the villagers were not interested in this matter, they are hesitating to fill the questionnaire. This survey is self-finance, so financial issue is also the main problem. Finance is required for the survey and the people and the people also not interested to fill the questionnaire and not ready to give the sufficient time.

Best Practice : 2

01. Title of the Practice :

Awareness about the nutritious diet of the women and adolescent girls.

02. Objectives of the Practice :

For this practice following objectives are framed.

1. To about the awareness about the nutritious diet.
2. To make aware about balance diet.
3. To acquaint them the importance of nutritious diet.
4. To acquaint them the modern trend of diet.
5. To keep maintain mental hygiene.
6. To maintain physical and mental development through nutritious diet.

03. The Context :

The girls students of Home Economics Department gave the relevant and essential information to the women and adolescent girls of Madetukum village by arranging a camp during the NSS special camp.

04. The Practice :

During the period of NSS special camp organized at Madetukum village, girls students of Home Economics department arranged a camp for the women and adolescent girls including pregnant women and feeding mothers, to know their problems about nutritious diet and their mental condition during that special period.

After getting the primary information by these women through their amiable discussion and gave them all relevant information about nutritious diet and its benefits. Our girl students also told them about the importance of the diet especially for these women. For these drive ten girls students of the Home Economics explain them how to cook easily the nutritious

food in the home with the help of easily available materials in the village household of village area. Few nutritious food items have been cooked and prepared before them by the girl volunteers of Home Economics Department. Total 80 women have been participated and got benefitted of this drive.

During this camp Mrs. K. B. Tajane madam and Mrs. B. V. Madiwar madam supervise the camp and guide them, suggest them the regimen for healthy mind and healthy body.

05. Evidence of Success :

The practice which is done in the academic session 2018-19 by the girls students of Home-economics Department during the NSS Camp from 06/02/2019 to 11/02/2019 at Madetukum village. The photographs and relevant documents are kept ready and maintained by the concerned dept. In this drive other NSS volunteers and NSS program officers helped to succeed their drive.

06. Problems Encountered and Resources Required :

To assemble the village women and girls is a very tedious job for the girls of Home Economics Department due to reluctance about the diet. They could not give proper attention to their plan. The reasons are so many behind it, poverty is one of the major reason and their busy daily scheduled, because maximum women are belonging to working classes.

To accomplish the drive finance is the main problem, because to cook nutritious diet food some cooking material is essential and proper and suitable time is also required.

